



Tempo

To: [John Kopcha](#) >

8:10 AM

Your 35% off discount is expiring

Make real, measurable progress with Tempo.

TEMPO x **STRAVA**



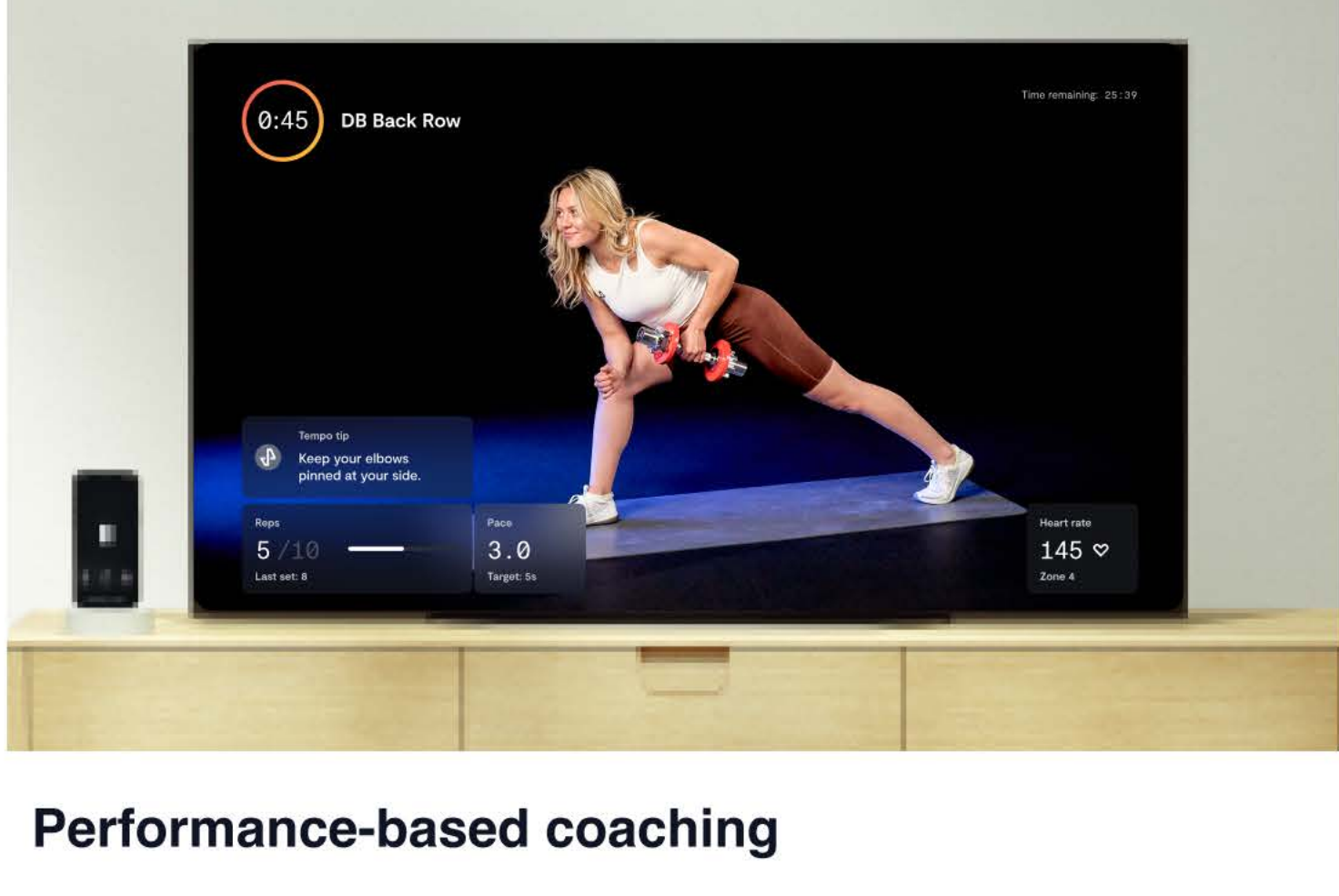
Let the real work begin

Time's running out on your exclusive Strava Challenge 35% discount on Tempo equipment or an accessory. Step up your at-home training and get stronger with this deal that ends on Friday April 14.

USE CODE: XXXXXXXX

[Shop Now](#)

Train smarter with Tempo



Performance-based coaching

With smart weights, AI-powered sensors, and on-screen guidance, Tempo tells you how much to lift, how many reps to do, what your pace should be, and when to step it up. Up level your training!

2 weeks · 8 classes

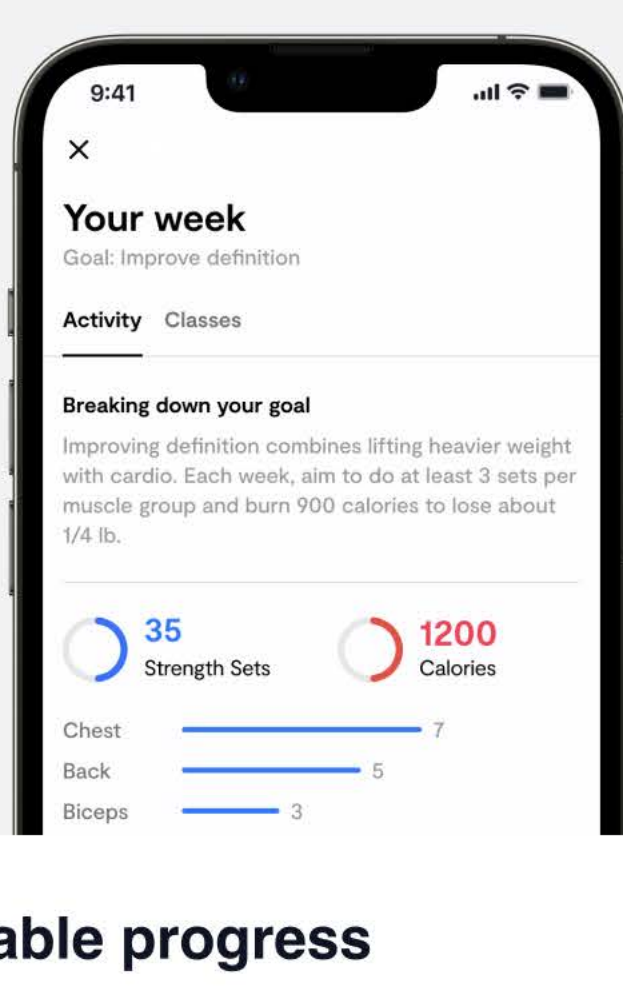
Dynamic Strength

COACH JONATHAN



Led by experts, rooted in strength

Our classes, from Vinyasa Yoga to Hypertrophy, are led by expert coaches, and rooted in strength to take your training further and help you get stronger.



Make measurable progress

Whatever you're working toward, we set weekly targets for you to track and recommend classes and programs that help you get there, every time you show up to work out.

Shop our full line: all-in-one, compact, or the essentials

Tempo Studio

All-in-one, fully loaded.



[Shop Now](#)

Award-winning design



Best in Home Gym

FAST COMPANY

Best Wellness Design

House Beautiful

Live Better Awards

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